## School Breakfast Clubs a lifeline for working parents







## **Key Findings**



Number of working parents with primary school children who attend a school breakfast club:

NO: 77%

■ YES: 23%



Breakfast Clubs save parents £35.20 per week in childcare costs.

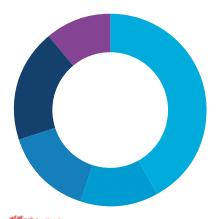
That's a total saving of £26.4 million to working parents across the UK each week.



Not Very Important

10/0 Not at all Important

Is the breakfast club important to the daily life of working parents with Primary School children?



How do pre-school clubs help working parents?

- **29%** of working parents would have to give up their job with access to a breakfast club
- 12% of parents are able to study at university or college
- **15%** wouldn't be able to afford alternative childcare
- 17% of children would be left unsupervised in the morning
- 9% of children would be less likely to get breakfast

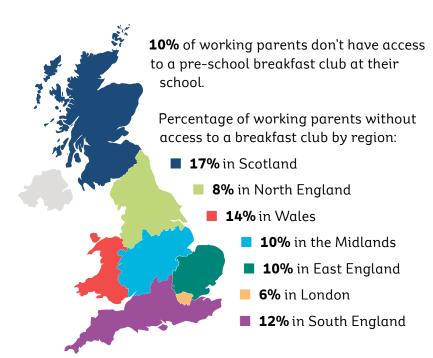
Without breakfast clubs 25% of parents on lower incomes would have to leave their children unsupervised for some part of the morning.



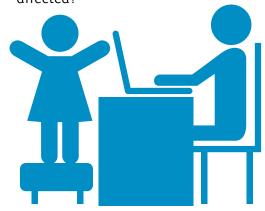








How have working parents who don't have access to a breakfast club been affected?



11% had to arrange flexible hours with work, 6% took a pay cut and 5% changed or put their career on hold.