**AUTUMN/WINTER** 2023/24



#### **WEEK COMMENCING**

September 18, October 9, October 30, November 20, December 11, January 1, January 22, February 12







#### TUESDA)

## WEDNESDA)

# THURSDAY

### FRIDA)



Margherita pizza pommes noisette vegetable sticks

Gluten Milk Soya



Spaghetti Bolognese garlic bread crunchy vegetables

Gluten Milk Soya Fish



Southern style burger in a bun jacket wedges carrot sticks & ranch salad Gluten Egg Milk Sesame



Roast turkey & stuffing gravy roast OR mashed potatoes cabbage & carrots



MSC fish cake diced potatoes garden peas & crunchy veg, tomato ketchup



Cheese & tomato panini vegetable sticks

OR

Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish



Fresh bread roll with hot roast turkey & stuffing, cheese, ham or tuna mayo roast potatoes carrot & cucumber sticks Gluten Sesame Egg Milk Fish



Jacket potatoes with cheese, beans or tuna mayonnaise & mixed salad

Milk Egg Fish

Gluten Sesame Milk





Mixed berry mousse & apple wedge

Milk

**OR** Fruit





Cornflake tart & custard

Milk Gluten Sulphur Dioxide

**OR** Fruit



Fruit flapjack

Gluten

**OR** Fruit





Cheese & crackers

Gluten Milk

**OR** Fruit





Apple muffin

Gluten Egg

**OR** Fruit

AVAILABLE DAILY: Best of both bread Gluten, Soya Seasonal vegetables available daily, Coleslaw Egg when served. Vegetarian meals available upon request

www.nottinghamshire.gov.uk/schoolmeals

