

**AUTUMN/WINTER
2023/24**

WEEK 3

WEEK COMMENCING

September 11, October 2,
October 23, November 13
December 4, December 25,
January 15, February 5



MONDAY



Vegan roll & gravy
baby roast potatoes
garden peas
fresh carrots

Gluten

OR



Jacket potatoes with
cheese, beans or
tuna mayonnaise
& mixed salad

Milk Egg Fish

DESSERT



Chocolate brownie

Gluten

OR Fruit

TUESDAY



Meatballs in tomato sauce
with pitta bread
Tilda rice
Crunchy vegetables

Gluten Egg Milk Soya

OR



Cheese & tomato panini
vegetable sticks

Gluten Milk Sesame

DESSERT



Fruit yoghurt

Milk

OR Fruit

WEDNESDAY



Pasta Neapolitan
garlic bread
sweetcorn coblette

Milk Gluten Soya

OR



Jacket potatoes with
cheese, beans or
tuna mayonnaise
& mixed salad

Milk Egg Fish

DESSERT

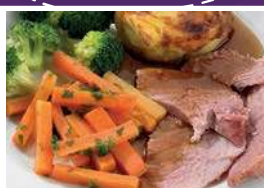


Honey cake
& custard

Milk Egg Gluten

OR Fruit

THURSDAY



Roast Gammon & gravy
Yorkshire pudding
roast OR mashed potatoes
carrots & broccoli

Milk Egg Gluten

OR



Fresh bread roll with hot
roast gammon, cheese,
ham or tuna mayonnaise
roast potatoes
& carrot sticks

Milk Egg Gluten Fish Sesame

DESSERT



Fruit cookie

Gluten

OR Fruit

FRIDAY



MSC breaded fish portion
oven chips
garden peas & sweetcorn
tomato ketchup

Gluten Fish

OR



Jacket potatoes with
cheese, beans or
tuna mayonnaise
& mixed salad

Milk Egg Fish

DESSERT



Butterscotch tart

Milk Gluten

OR Fruit

AVAILABLE DAILY: Best of both bread **Gluten, Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served. **Vegetarian** meals available upon request

www.nottinghamshire.gov.uk/schoolmeals



**Nottinghamshire
County Council**